

“Growing a Better Tomorrow for All Children, Together”

PREVENT CHILD ABUSE AWARENESS MONTH

April 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ASK YOUR CHILD WHO INSPIRES THEM AND WHY.	2 ON A CLEAR NIGHT GO OUTSIDE AND LOOK AT THE MOON AND STARS TOGETHER.	3 TALK TO YOUR CHILD TO ABOUT DEALING WITH CONFLICTS PEACEFULLY.
4 TAKE SOME TIME FOR YOU! IN ORDER TO BE THE BEST FOR YOUR KIDS, YOU HAVE TO TAKE CARE OF YOURSELF.	5 COMPARE YOUR AND YOUR CHILD’S BABY PHOTOS.	6 COME UP WITH A SECRET HANDSHAKE WITH YOUR CHILD.	7 MAKE THEIR FAVORITE MEAL AND LET THEM KNOW YOU MADE IT BECAUSE YOU KNOW IT IS THEIR FAVORITE.	8 DISCUSS WITH YOUR CHILD: “WHAT MAKES YOU FEEL SAFE?”	9 PRETEND TO BE YOUR FAVORITE ANIMALS— WHAT NOISES DO THEY MAKE, HOW DO THEY GET AROUND?	10 VISIT A PARK OR PLAYGROUND.
11 WHAT BRINGS YOU PEACE AND JOY? WHAT CAN YOU DO TO BRING MORE OF THAT TO YOUR LIFE?	12 TELL THEM FUNNY STORIES ABOUT WHEN THEY WERE SMALLER.	13 WATCH YOUR CHILD’S FAVORITE TV SHOW AND DISCUSS IT.	14 DISCUSS WITH YOUR CHILD: IF YOU COULD INVENT SOMETHING TO MAKE LIFE BETTER FOR PEOPLE, WHAT WOULD IT BE?	15 TELL EACH OTHER FUNNY RIDDLES OR KID JOKES!	16 TALK ABOUT BULLYING AND WAYS TO PREVENT, HANDLE AND REPORT IT.	17 HAVE FAMILY GAME NIGHT.
18 TAKE A WALK OUTSIDE TOGETHER, TALK ABOUT WHAT YOU SEE.	19 TALK TO YOUR CHILD ABOUT FORMING HEALTHY FRIENDSHIPS.	20 INTRODUCE A CHILDHOOD GAME TO YOUR CHILD.	21 DISCUSS: WHAT’S THE MOST IMPORTANT PART OF BEING A HAPPY FAMILY?	22 BUILD PAPER AIRPLANES AND TEST THEM OUT.	23 SHARE WITH THEM HOW YOU PICKED OUT THEIR NAME.	24 HAVE AN INDOOR OR OUTDOOR SCAVENGER HUNT.
25 TAKE A DAY OFF OF ALL ELECTRONICS AND DO FUN THINGS TOGETHER.	26 HAVE A FAMILY TALENT SHOW.	27 “CATCH” YOUR CHILDREN BEING GOOD. PRAISE THEM OFTEN.	28 TURN ON SOME FUN MUSIC AND HAVE A DANCE PARTY!	29 ASK YOUR CHILDREN WHO IS IMPORTANT TO THEM.	30 Talk about the future: what are the family’s hopes and dreams? Create a vision board!	<p><i>Want more ideas like this? Let us know! Let’s nurture our children all year long!</i></p> 
		Parent Help Line: 1-800-CHILDREN		Child Abuse Hotline: 1-800-800-5556		

